

# Washington Behavioral Risk Factor Surveillance System

## 2004 Tobacco Survey Results

### *Spokane County*

#### What is your age?

n = 652

18 - 34	31.6%	(± 4.6%)
35 - 54	38.4	(± 4.3)
55 - 74	22.4	(± 3.3)
75+	7.6	(± 2.0)

#### Gender

n = 652

Male	49.2%	(± 4.5%)
Female	50.8	(± 4.5)

#### Which one of these groups would you say best represents your race...

n = 645

White	91.6%	(± 3.0%)
Black or African American	2.0	(± 1.5)
Asian	2.1	(± 1.6)
Native Hawaiian or Other Pacific Islander	1.0	(± 1.0)
American Indian, Alaska Native	1.8	(± 1.5)
Other race	1.5	(± 1.1)
No preferred race	0.0	(± 0.0)

#### Are you Hispanic or Latino/Latina?

n = 650

Yes	2.2%	(± 1.4%)
No	97.8	(± 1.4)

#### Marital status

n = 648

Married	60.1%	(± 4.4%)
Divorced	11.5	(± 2.4)
Widowed	6.1	(± 1.6)
Separated	0.9	(± 0.6)
Never been married	15.0	(± 3.5)
Or a member of an unmarried couple	6.3	(± 2.6)

#### How many children less than 18 years of age live in your household?

n = 652

None	59.7%	(± 4.5%)
1	15.4	(± 3.3)
2	13.9	(± 3.3)
3 or more	11.0	(± 3.1)

#### What is the highest grade or year of school you completed?

n = 652

Some high school or less	5.6%	(± 2.4%)
High school graduate or GED	24.5	(± 3.9)
Some college or technical school	36.2	(± 4.3)
College graduate or more	33.7	(± 4.1)

\*Estimates based on sample sizes less than 50 were omitted.

<b>Are you currently. . .</b>	n = 651	
Employed for wages	50.0%	(± 4.5%)
Self-employed	6.1	(± 2.1)
Out of work	8.5	(± 3.0)
Homemaker	6.5	(± 1.9)
Student	5.4	(± 2.3)
Retired	15.8	(± 2.9)
Or unable to work	7.8	(± 2.4)

<b>Annual household income from all sources</b>	n = 582	
Less than \$20,000	15.0%	(± 3.2%)
\$20,000 to less than \$50,000	49.4	(± 4.7)
\$50,000 or more	35.6	(± 4.5)

<b>Have you smoked at least 100 cigarettes in your entire life?</b>	n = 1108	
Yes	47.4%	(± 3.4%)
No	52.6	(± 3.4)

<b><i>Among those that have smoked at least 100 cigarettes in their entire life:</i></b>		
<b>Do you now smoke cigarettes everyday, some days, or not at all?</b>	n = 534	
Everyday	38.7%	(± 5.1%)
Some days	7.3	(± 2.4)
Not at all	54.0	(± 5.1)

<b><i>Among current smokers:</i></b>		
<b>During the past 12 months, have you stopped smoking for 1 day or longer because you were trying to quit smoking?</b>	n = 232	
Yes	52.4%	(± 8.1%)
No	47.6	(± 8.1)

<b>Current cigarette smoking prevalence:</b>	n = 1108	
(every day or some day smokers among the whole population)	21.8%	(± 3.0%)

<b><i>Among those that have smoked at least 100 cigarettes:</i></b>		
<b>Did you smoke any cigarettes during the past 30 days?</b>	n = 284	
Yes	49.4%	(± 6.8%)
No	50.6	(± 6.8)

<b><i>Among those that have smoked in the past 30 days:</i></b>		
<b>On how many days of the past 30 days did you smoke cigarettes?</b>	n = 131	
Less than 30 days	23.7%	(± 8.8%)
30 days	76.3	(± 8.8)

<b><i>Among those that have smoked in the past 30 days:</i></b>		
<b>On average, about how many cigarettes per day do you smoke, on the days that you do smoke?</b>	n = 132	
Average:	12.4	(± 1.8)

\*Estimates based on sample sizes less than 50 were omitted.

<b>Have you ever tried using smokeless tobacco, like chew, dip or snuff?</b>	n = 648	
Yes	22.4%	(± 4.2%)
No	77.6	(± 4.2)

***Among those that have ever tried smokeless tobacco:***

<b>On how many of the past 30 days did you use smokeless tobacco products?</b>	n = 107	
None	84.8%	(± 8.1%)
Less than 30 days	6.8	(± 4.5)
30 days	8.4	(± 7.1)

<b>Current smokeless tobacco prevalence:</b>	n = 648	
(any use in past 30 days among the whole population)	3.4%	(± 1.9%)

<b>In the past month, have you smoked a cigar, even just a puff?</b>	n = 647	
Yes	6.6%	(± 2.6%)
No	93.4	(± 2.6)

<b>Current tobacco use (all types of tobacco)</b>	n = 648	
Current daily tobacco user	26.7%	(± 4.2%)
Current non-tobacco user	73.3	(± 4.2)

***Among former smokers:***

<b>About how long has it been since you last smoked cigarettes regularly, that is, daily?</b>	n = 153	
Within the past month (less than 1 month ago)	1.7%	(± 3.2%)
Within the past 3 months (1-3 months ago)	1.8	(± 2.3)
Within the past 6 months (3-6 months ago)	5.5	(± 5.0)
Within the past year (6-12 months ago)	4.9	(± 4.1)
Within the past 5 years (1-5 years ago)	16.2	(± 6.8)
Within the past 15 years (5-15 years ago)	14.2	(± 6.0)
More than 15 years ago	53.9	(± 8.8)
Never used regularly	1.9	(± 2.0)

***Among former smokers:***

<b>When you last smoked cigarettes regularly, on average, how many days per month did you smoke?</b>	n = 149	
Average:	29.4	(± 1.4)

***Among former smokers:***

<b>When you last smoked cigarettes regularly, on average, how many cigarettes did you smoke per day?</b>	n = 149	
Average:	19.4	(± 2.8)

\*Estimates based on sample sizes less than 50 were omitted.

***Among never smokers less than 30 years old:***

**Do you think that you will smoke a cigarette anytime during the next year?**

n = 37

Definitely yes  
Probably yes  
Probably no  
Definitely no

*	*
*	*
*	*
*	*

***Among never smokers less than 30 years old:***

**If you or your best friends offered you a cigarette, would you smoke it?**

n = 36

Definitely yes  
Probably yes  
Probably no  
Definitely no

*	*
*	*
*	*
*	*

***Among current tobacco users:***

**About how much do you usually spend on tobacco products every week?**

n = 142

Less than \$25  
At least \$25 but less than \$55  
More than \$55

73.3%	(± 9.0%)
23.0	(± 8.7)
3.7	(± 3.3)

***Among current tobacco users:***

**In the past month, did you buy tobacco on a Native American reservation?**

n = 154

Yes  
No

18.5%	(± 7.8%)
81.5	(± 7.8)

***Among current tobacco users:***

**In the past month, did you buy tobacco from the Internet?**

n = 156

Yes  
No

0.3%	(± 0.6%)
99.7	(± 0.6)

***Among current tobacco users:***

**During the past month, did you buy tobacco outside the state to save money - not just because you were traveling?**

n = 154

Yes  
No

22.1%	(± 7.7%)
77.9	(± 7.7)

***Among current/former tobacco users:***

**People close to me are/were upset by my using tobacco.**

n = 280

Strongly agree  
Somewhat agree  
Somewhat disagree  
Strongly disagree

43.5%	(± 6.8%)
20.8	(± 6.2)
21.3	(± 5.7)
14.4	(± 4.8)

\*Estimates based on sample sizes less than 50 were omitted.

***Among current/former tobacco users:***

**When was the last time a DOCTOR or other healthcare provider advised you to quit, if ever?** n = 286

Within the past year (1-12 months)	28.2%	(± 6.1%)
Within the past three years (1-3 years)	9.9	(± 5.1)
3 or more years ago	15.3	(± 4.4)
They never advised me to quit	46.6	(± 6.9)

***Among current/former tobacco users:***

**When was the last time a DENTIST advised you to quit, if ever?** n = 285

Within the past year (1-12 months)	15.4%	(± 5.6%)
Within the past three years (1-3 years)	6.0	(± 3.6)
3 or more years ago	5.2	(± 2.9)
They never advised me to quit	73.4	(± 6.5)

***Among current/former tobacco users:***

**When was the last time a PHARMACIST advised you to quit, if ever?** n = 292

Within the past year (1-12 months)	0.6%	(± 0.8%)
Within the past three years (1-3 years)	0.0	(± 0.0)
3 or more years ago	1.6	(± 1.4)
They never advised me to quit	97.8	(± 1.6)

***Among those advised to quit:***

**Did the health care professional who advised to quit offer any help, or refer you to a source of help to quit tobacco use?** n = 170

Yes	42.9%	(± 8.9%)
No	57.1	(± 8.9)

**What type of health coverage do you use to pay for most of your medical care? Is it coverage through. . .** n = 564

Your employer	45.5%	(± 4.8%)
Someone else's employer	17.1	(± 3.6)
A plan that you or someone buys on your own	9.2	(± 2.7)
Medicare	18.2	(± 3.2)
Medicaid or Medical Assistance	5.8	(± 2.3)
The military, CHAMPUS, or the VA	4.1	(± 1.9)
The Indian Health Service	0.0	(± 0.0)
Some other source	0.0	(± 0.0)

***Among current and recent former smokers:***

**Within the past year, have you heard about any programs in your community to help you quit using tobacco, such as classes, support groups or counseling services?** n = 140

Yes	62.3%	(± 10.0%)
No	37.7	(± 10.0)

\*Estimates based on sample sizes less than 50 were omitted.

***Among current and recent former smokers:***

<b>Within the past year, did your employer offer any stop-smoking class or other programs to help employees quit using tobacco?</b>		n = 62
Yes	24.7%	(± 12.7%)
No	75.3	(± 12.7)

***Among current and recent former smokers with health care coverage:***

<b>Does your health care insurance coverage pay for the cost of any help to quit using tobacco, such as a stop-smoking program or nicotine patches, pills or other medications?</b>		n = 115
Yes	24.8%	(± 9.3%)
No	36.9	(± 10.5)
Don't know/Not sure	38.3	(± 10.6)

***Among current and recent former smokers:***

<b>Have you heard about the Washington State "Quit-Line" - a telephone support service to help people quit using tobacco?</b>		n = 139
Yes	52.0%	(± 10.2%)
No	48.0	(± 10.2)

***Among current and recent former smokers who have heard of the "Quit-Line":***

<b>Would you ever call a telephone support service for help in quitting tobacco?</b>		n = 132
Definitely Yes	17.7%	(± 8.3%)
Probably Yes	26.7	(± 9.9)
Probably No	30.5	(± 9.5)
Definitely No	25.1	(± 8.4)

***Among current and recent former smokers who have heard of the "Quit-Line":***

<b>Have you called the Quit line?</b>		n = 76
Yes	16.1%	(± 10.5%)
No	83.9	(± 10.5)

***Among current tobacco users:***

<b>Would you like to quit using tobacco?</b>		n = 148
Yes	71.4%	(± 8.4%)
No	28.6	(± 8.4)

***Among current tobacco users who would like to quit:***

<b>Are you seriously considering quitting tobacco use within the next 6 months?</b>		n = 102
Yes	81.0%	(± 9.5%)
No	19.0	(± 9.5)

***Among current tobacco users considering quitting within 6 months:***

<b>Are you planning to stop within the next 30 days?</b>		n = 89
Yes	46.0%	(± 12.6%)
No	42.4	(± 12.4)
Don't know/Not sure	11.6	(± 10.4)

\*Estimates based on sample sizes less than 50 were omitted.

<b>Are you currently registered to vote?</b>	n = 640
Yes	81.7% (± 3.9%)
No	18.3 (± 3.9)

<b>Which of the following statements best describes the rules about smoking in your home. . .</b>	n = 641
No one is allowed to smoke anywhere inside your home	83.9% (± 3.3%)
Smoking is allowed at some places or at some times	8.7 (± 2.5)
Smoking is permitted anywhere inside your home	7.4 (± 2.5)

<b>How many people, including you, who live in your household currently smoke cigarettes, cigars, or pipes?</b>	n = 644
No current smokers in household	70.3% (± 4.3%)
1	17.7 (± 3.4)
2	9.7 (± 2.8)
3 or more	2.2 (± 2.1)

<b>On how many of the past 30 days has someone, including you, smoked cigarettes, cigars, or pipes anywhere inside your home?</b>	n = 639
None	87.2% (± 3.0%)
Less than 30	5.6 (± 2.1)
30 days	7.2 (± 2.4)

<b>If it were just up to you, would you let people smoke inside your home?</b>	n = 635
Yes	10.4% (± 2.7%)
No	89.6 (± 2.7)

***Among people who are currently employed for wages:***

<b>When you are at work, do you spend most of your time in an. . .</b>	n = 331
Office	45.2% (± 6.1%)
Store	8.1 (± 3.4)
Restaurant or Bar	3.1 (± 2.1)
Warehouse or factory	4.5 (± 2.7)
Home/Someone elses home	7.6 (± 3.1)
Outdoors	9.0 (± 4.0)
Car or truck	5.3 (± 2.8)
Classroom	7.0 (± 2.9)
Hospital	6.3 (± 2.8)
Somewhere else	4.0 (± 2.5)

***Among people who are currently employed for wages:***

<b>Is smoking allowed in any of the following areas at your workplace. . . Some or all indoor work areas?</b>	n = 322
Yes	7.6% (± 3.4%)
No	92.4 (± 3.4)

\*Estimates based on sample sizes less than 50 were omitted.

***Among people who are currently employed for wages:***

**Is smoking allowed in any of the following areas at your workplace. . . Employee lunchrooms or lounges?** n = 313

Yes	3.5%	(± 2.7%)
No	96.5	(± 2.7)

***Among people who are currently employed for wages:***

**Is smoking allowed in any of the following areas at your workplace. . . A different designated indoor smoking area?** n = 321

Yes	5.8%	(± 2.8%)
No	94.2	(± 2.8)

***Among people who are currently employed for wages:***

**In a typical week, how many hours would you say that you are in a room or car with secondhand smoke while you are at work?** n = 335

None	81.2%	(± 4.9%)
Less than one hour	11.2	(± 3.9)
One hour or more	7.7	(± 3.5)

**In general, would you say that breathing secondhand smoke is. . .**

n = 643

Not at all annoying to you	10.5%	(± 2.8%)
A little bit annoying	12.4	(± 3.2)
Somewhat annoying	18.4	(± 3.4)
Very annoying to you	58.7	(± 4.5)

**Would you say that breathing secondhand smoke is. . .**

n = 622

Not at all harmful	2.0%	(± 1.1%)
A little bit harmful	6.8	(± 2.4)
Somewhat harmful	23.3	(± 3.9)
Very harmful	67.9	(± 4.3)

**All children should be protected from secondhand smoke.**

n = 630

Strongly agree	84.6%	(± 3.4%)
Somewhat agree	10.3	(± 2.7)
Somewhat disagree	1.6	(± 1.0)
Strongly disagree	3.4	(± 2.0)

**Do you think that smoking should not be allowed at all in restaurants?**

n = 645

Yes	75.2%	(± 4.0%)
No	23.1	(± 3.9)
Don't know/Not sure	1.7	(± 1.1)

**Do you think that smoking should not be allowed in bars and lounges?**

n = 637

Yes	40.5%	(± 4.4%)
No	50.5	(± 4.5)
Don't know/Not sure	9.0	(± 2.3)

\*Estimates based on sample sizes less than 50 were omitted.



<b>Do you think that smoking should not be allowed in outdoor public areas where children may be present?</b>		n = 640
Yes	54.2%	(± 4.5%)
No	39.5	(± 4.4)
Don't know/Not sure	6.3	(± 2.2)

<b>Local law enforcement officials should place a high priority on enforcing laws that ban the possession of tobacco products by minors.</b>		n = 622
Strongly agree	51.9%	(± 4.6%)
Somewhat agree	24.7	(± 4.1)
Somewhat disagree	14.0	(± 3.3)
Strongly disagree	9.4	(± 2.7)

<b>The city or town where you live should establish as many strong rules and laws as possible to protect nonsmokers, including children, from secondhand smoke.</b>		n = 623
Strongly agree	46.9%	(± 4.6%)
Somewhat agree	27.6	(± 4.3)
Somewhat disagree	12.4	(± 2.9)
Strongly disagree	13.1	(± 3.2)

<b>School officials should make sure that all children receive anti-tobacco education.</b>		n = 641
Strongly agree	83.5%	(± 3.5%)
Somewhat agree	11.2	(± 2.9)
Somewhat disagree	1.7	(± 1.1)
Strongly disagree	3.6	(± 2.0)

<b>Tobacco use by adults should not be allowed on school grounds or at any school events.</b>		n = 640
Strongly agree	87.0%	(± 3.1%)
Somewhat agree	7.9	(± 2.5)
Somewhat disagree	2.3	(± 1.5)
Strongly disagree	2.9	(± 1.4)

<b>Have you seen or heard about any efforts or activities in your community or in schools to prevent or reduce tobacco use among youth?</b>		n = 616
Yes	50.0%	(± 4.6%)
No	50.0	(± 4.6)

<b>There are so many things that cause cancer, tobacco use is not going to make any difference.</b>		n = 633
Strongly agree	5.3%	(± 2.2%)
Somewhat agree	7.2	(± 2.5)
Somewhat disagree	8.4	(± 2.4)
Strongly disagree	79.0	(± 3.8)

\*Estimates based on sample sizes less than 50 were omitted.

<b>Would you ever use or wear something that has a tobacco company logo or picture on it?</b>		n = 632	
Yes	20.0%	(± 3.9%)	
No	80.0	(± 3.9)	

<b>Do you currently have a piece of clothing, or other item that has a tobacco brand or logo on it?</b>		n = 641	
Yes	9.2%	(± 2.7%)	
No	90.8	(± 2.7)	

<b>During the past year, have you received a free sample or coupon for a free sample of cigarettes or other tobacco products?</b>		n = 640	
Yes	15.3%	(± 3.3%)	
No	84.7	(± 3.3)	

<b>During the past year have you been somewhere, such as concert or special event, where tobacco companies were having a promotion - for example, giving away free samples or having a special give-away?</b>		n = 640	
Yes	8.4%	(± 2.9%)	
No	91.6	(± 2.9)	

<b>Tobacco companies should have the same rights to advertise their products as other companies.</b>		n = 623	
Strongly agree	19.8%	(± 3.6%)	
Somewhat agree	28.5	(± 4.1)	
Somewhat disagree	12.8	(± 3.3)	
Strongly disagree	38.9	(± 4.5)	

<b><i>Among people with children ages 12 to 17:</i></b>			
<b>Have you told your child specifically that you do not want him or her to use tobacco?</b>		n = 99	
Yes	93.5%	(± 5.4%)	
No	6.5	(± 5.4)	

\*Estimates based on sample sizes less than 50 were omitted.